

# COLUMBIA

## HEREN

## HEREN - TOPS

## HOE METEN?

Use a soft, flexible tape measure from a sewing kit. A metal tape measure from your toolbox or a yard stick may give you inaccurate readings.



### 1. Chest

Measure at the fullest part of the chest, under the armpits and over the shoulder blades, keeping the tape measure firm and level.

### 2. Waist

Measure around the natural waistline, allowing the tape measure to sit comfortably.

### 3. Hips

Measure around the fullest part of your hips.

## VERSCHILLENDE FITS

### Performance



Body contouring fit conforms to movement.

### Active



Body skimming fit with end-use mobility in mind.

### Regular



Universal, easy fit for comfortable range of motion.

### Relaxed



Most generous fit for a full spectrum of movement.

**STANDARD**

| SIZE | CHEST       | WAIST       | HIPS        |
|------|-------------|-------------|-------------|
| XS   | 88.9        | 73.7        | 86.4        |
| S    | 91.4-94.0   | 76.2-78.7   | 88.9-91.4   |
| M    | 99.1-104.1  | 83.8-88.9   | 96.5-101.6  |
| L    | 108.0-111.8 | 91.4-96.5   | 105.4-109.2 |
| XL   | 118.1-121.9 | 101.6-106.7 | 113.0-119.4 |
| XXL  | 128.3-132.1 | 111.8-116.8 | 125.7-129.5 |

**BIG**

| SIZE | CHEST       | WAIST       | HIPS        |
|------|-------------|-------------|-------------|
| 1X   | 116.8-124.5 | 99.1-106.7  | 113.0-116.8 |
| 2X   | 127.0-132.1 | 109.2-114.3 | 120.7-124.5 |
| 3X   | 137.2-142.2 | 119.4-124.5 | 128.3-132.1 |
| 4X   | 147.3-152.4 | 129.5-134.6 | 135.9-142.2 |
| 5X   | 157.5-162.6 | 139.7-144.8 | 143.5-147.3 |
| 6X   | 167.6-172.7 | 149.9-154.9 | 151.1-154.9 |

## TALL

| SIZE | CHEST       | WAIST       | HIPS        |
|------|-------------|-------------|-------------|
| LT   | 108.0-111.8 | 91.4-96.5   | 105.4-109.2 |
| XLT  | 116.8-124.5 | 99.1-106.7  | 113.0-116.8 |
| 2XLT | 127.0-132.1 | 109.2-114.3 | 120.7-124.5 |
| 3XLT | 137.2-142.2 | 119.4-124.5 | 128.3-132.1 |
| 4XLT | 147.3-152.4 | 129.5-134.6 | 135.9-142.2 |
| 5XLT | 157.5-162.6 | 139.7-144.8 | 143.5-147.3 |

## HEREN – BROEKEN

### HOE METEN?

Use a soft, flexible tape measure from a sewing kit. A metal tape measure from your toolbox or a yard stick may give you inaccurate readings.



#### 1. Waist

Measure around the natural waistline, allowing the tape measure to sit comfortably.

#### 2. Hips

Measure around the fullest part of your hips.

#### 3. Inseam

Measure from the top of the interior leg to the bottom of the ankle.

## VERSCHILLENDE FITS

**Performance**



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**Regular**



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**Relaxed**



Most generous fit for a full spectrum of movement.

## STANDARD

| SIZE       | PANT SIZE   | WAIST       | HIPS        |
|------------|-------------|-------------|-------------|
| <b>XS</b>  | 71.1        | 73.7        | 86.4        |
| <b>S</b>   | 73.7-78.7   | 76.2-78.7   | 88.9-91.4   |
| <b>M</b>   | 81.3-86.4   | 83.8-88.9   | 96.5-101.6  |
| <b>L</b>   | 88.9-91.4   | 91.4-96.5   | 105.4-109.2 |
| <b>XL</b>  | 96.5-101.6  | 101.6-106.7 | 113.0-119.4 |
| <b>XXL</b> | 106.7-111.8 | 111.8-116.8 | 125.7-129.5 |

## BIG

| SIZE | PANT SIZE   | WAIST       | HIPS        |
|------|-------------|-------------|-------------|
| 1X   |             | 99.1-106.7  | 113.0-116.8 |
| 2X   | 106.7-111.8 | 109.2-114.3 | 120.7-124.5 |
| 3X   | 116.8-121.9 | 119.4-124.5 | 128.3-132.1 |
| 4X   | 127.0-132.1 | 129.5-134.6 | 135.9-142.2 |
| 5X   | 137.2       | 139.7-144.8 | 143.5-147.3 |
| 6X   |             | 149.9-154.9 | 151.1-154.9 |

## TALL

| SIZE | WAIST       | HIPS        |
|------|-------------|-------------|
| LT   | 91.4-96.5   | 105.4-109.2 |
| XLT  | 99.1-106.7  | 113.0-116.8 |
| 2XLT | 109.2-114.3 | 120.7-124.5 |
| 3XLT | 119.4-124.5 | 128.3-132.1 |
| 4XLT | 129.5-134.6 | 135.9-142.2 |
| 5XLT | 139.7-144.8 | 143.5-147.3 |

## HEREN – SCHOENEN

### STANDARD

|      | FOOT LENGTH |      |           | FOOT WIDTH |
|------|-------------|------|-----------|------------|
| 7    | 6           | 40   | 9.6-9.7   | 3.7-3.9    |
| 7.5  | 6.5         | 40.5 | 9.7-9.9   | 3.7-3.9    |
| 8    | 7           | 41   | 9.9-10.1  | 3.7-3.9    |
| 8.5  | 7.5         | 41.5 | 10.1-10.2 | 3.8-4.0    |
| 9    | 8           | 42   | 10.2-10.4 | 3.8-4.0    |
| 9.5  | 8.5         | 42.5 | 10.4-10.6 | 3.9-4.0    |
| 10   | 9           | 43   | 10.6-10.7 | 3.9-4.1    |
| 10.5 | 9.5         | 43.5 | 10.7-10.9 | 3.9-4.2    |
| 11   | 10          | 44   | 10.9-11.1 | 4.0-4.2    |
| 11.5 | 10.5        | 44.5 | 11.1-11.2 | 4.1-4.2    |
| 12   | 11          | 45   | 11.2-11.4 | 4.1-4.3    |
| 13   | 12          | 46   | 11.6-11.7 | 4.2-4.4    |
| 14   | 13          | 47   | 11.7-12.1 | 4.3-4.4    |
| 15   | 14          | 48   | 12.1-12.4 | 4.3-4.5    |
| 16   | 15          | 49   | 12.4-12.8 | 4.4-4.6    |
| 17   | 16          | 50   | 12.8-13.1 | 4.5-4.7    |

WIDE

|      | FOOT LENGTH |      |           | FOOT WIDTH |
|------|-------------|------|-----------|------------|
| 7    | 6           | 40   | 9.6-9.7   | 4.1-4.2    |
| 7.5  | 6.5         | 40.5 | 9.7-9.9   | 4.1-4.3    |
| 8    | 7           | 41   | 9.9-10.1  | 4.1-4.3    |
| 8.5  | 7.5         | 41.5 | 10.1-10.2 | 4.2-4.4    |
| 9    | 8           | 42   | 10.2-10.4 | 4.2-4.4    |
| 9.5  | 8.5         | 42.5 | 10.4-10.6 | 4.3-4.4    |
| 10   | 9           | 43   | 10.6-10.7 | 4.3-4.5    |
| 10.5 | 9.5         | 43.5 | 10.7-10.9 | 4.3-4.5    |
| 11   | 10          | 44   | 10.9-11.1 | 4.4-4.6    |
| 11.5 | 10.5        | 44.5 | 11.1-11.2 | 4.4-4.6    |
| 12   | 11          | 45   | 11.2-11.4 | 4.4-4.6    |
| 13   | 12          | 46   | 11.6-11.7 | 4.5-4.7    |
| 14   | 13          | 47   | 11.7-12.1 | 4.6-4.8    |
| 15   | 14          | 48   | 12.1-12.4 | 4.7-4.9    |
| 16   | 15          | 49   | 12.4-12.8 | 4.8-5.0    |
| 17   | 16          | 50   | 12.8-13.1 | 4.9-5.0    |



# DAMES

## DAMES - TOPS

### HOE METEN?

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#### 1. Chest/Bust

Measure at the fullest part of the chest, under the armpits and over the shoulder blades, keeping the tape measure firm and level.

#### 2. Waist

Measure around the natural waistline, allowing the tape measure to sit comfortably.

#### 3. Hips

Measure around the fullest part of your hips.

## VERSCHILLENDE FITS

### Performance



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### Active



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### Regular



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### Relaxed



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## STANDARD

| SIZE | BUST        | WAIST      | HIPS        |
|------|-------------|------------|-------------|
| XS   | 85.1        | 67.3       | 90.2        |
| S    | 87.6-90.2   | 71.1-73.7  | 94.0-96.5   |
| M    | 92.7-95.3   | 76.2-78.7  | 99.1-101.6  |
| L    | 99.1-102.9  | 82.5-86.4  | 105.4-109.2 |
| XL   | 106.7-110.5 | 90.2-95.3  | 113.0-118.1 |
| XXL  | 111.8-116.8 | 96.5-104.1 | 119.4-127.0 |

## PLUS

| SIZE | BUST        | WAIST       | HIPS        |
|------|-------------|-------------|-------------|
| 1X   | 109.2-114.3 | 91.4-96.5   | 116.8-121.9 |
| 2X   | 119.4-124.5 | 102.2-108.0 | 127.0-132.1 |
| 3X   | 129.5-134.6 | 113.7-119.4 | 137.2-142.2 |

## DAMES – BROEKEN

### HOE METEN?

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#### 1. Waist

Measure around the natural waistline, allowing the tape measure to sit comfortably.

#### 2. Hips

Measure around the fullest part of your hips.

#### 3. Inseam

Measure from the top of the interior leg to the bottom of the ankle.

## VERSCHILLENDE FITS

#### Performance



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#### Active



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#### Regular



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**STANDARD**

| SIZE | PANT SIZE | WAIST       | HIPS        |
|------|-----------|-------------|-------------|
| XS   | 5.1       | 67.3        | 90.2        |
| S    | 10.2-15.2 | 28 - 29     | 37 - 38     |
| M    | 20.3-25.4 | 30 - 31     | 39 - 40     |
| L    | 30.5-35.6 | 32.5 - 34   | 41.5 - 43   |
| XL   | 40.6-45.7 | 35.5 - 37.5 | 44.5 - 46.5 |
| XXL  | 50.8      | 38 - 41     | 47 - 50     |

**PLUS**

| SIZE | PANT SIZE | WAIST       | HIPS        |
|------|-----------|-------------|-------------|
| 1X   | 16W-18W   | 91.4-96.5   | 116.8-121.9 |
| 2X   | 20W-22W   | 102.2-108.0 | 127.0-132.1 |
| 3X   | 24W       | 113.7-119.4 | 137.2-142.2 |

## DAMES – SCHOENEN

### STANDARD

|      | FOOT LENGTH |       |           | FOOT WIDTH |
|------|-------------|-------|-----------|------------|
| 5    | 7.6         | 91.4  | 21.8-22.1 | 8.4-8.9    |
| 5.5  | 8.9         | 92.7  | 22.1-22.6 | 8.4-8.9    |
| 6    | 10.2        | 94.0  | 22.6-23.1 | 8.4-8.9    |
| 6.5  | 11.4        | 95.3  | 23.1-23.6 | 8.6-9.1    |
| 7    | 12.7        | 96.5  | 23.6-23.9 | 8.6-9.1    |
| 7.5  | 14.0        | 97.8  | 23.9-24.4 | 8.9-9.4    |
| 8    | 15.2        | 99.1  | 24.4-24.6 | 8.9-9.4    |
| 8.5  | 16.5        | 100.3 | 24.6-25.1 | 8.9-9.4    |
| 9    | 17.8        | 101.6 | 25.1-25.7 | 9.1-9.7    |
| 9.5  | 19.1        | 102.9 | 25.7-25.9 | 9.1-9.7    |
| 10   | 20.3        | 104.1 | 25.9-26.4 | 9.4-9.9    |
| 10.5 | 21.6        | 105.4 | 26.4-26.9 | 9.4-9.9    |
| 11   | 22.9        | 106.7 | 26.9-27.2 | 9.7-10.2   |
| 11.5 | 24.1        | 108.0 | 27.2-27.7 | 9.7-10.2   |
| 12   | 25.4        | 109.2 | 27.7-28.2 | 9.9-10.4   |

WIDE

|      | FOOT LENGTH |       |           | FOOT WIDTH |
|------|-------------|-------|-----------|------------|
| 5    | 7.6         | 91.4  | 21.8-22.1 | 9.4-9.7    |
| 5.5  | 8.9         | 92.7  | 22.1-22.6 | 9.4-9.9    |
| 6    | 10.2        | 94.0  | 22.6-23.1 | 9.4-9.9    |
| 6.5  | 11.4        | 95.3  | 23.1-23.6 | 9.7-10.2   |
| 7    | 12.7        | 96.5  | 23.6-23.9 | 9.7-10.2   |
| 7.5  | 14.0        | 97.8  | 23.9-24.4 | 9.9-10.4   |
| 8    | 15.2        | 99.1  | 24.4-24.6 | 9.9-10.4   |
| 8.5  | 16.5        | 100.3 | 24.6-25.1 | 9.9-10.4   |
| 9    | 17.8        | 101.6 | 25.1-25.7 | 10.2-10.7  |
| 9.5  | 19.1        | 102.9 | 25.7-25.9 | 10.2-10.7  |
| 10   | 20.3        | 104.1 | 25.9-26.4 | 10.4-10.9  |
| 10.5 | 21.6        | 105.4 | 26.4-26.9 | 10.4-10.9  |
| 11   | 22.9        | 106.7 | 26.9-27.2 | 10.4-10.9  |
| 11.5 | 24.1        | 108.0 | 27.2-27.7 | 10.7-11.2  |
| 12   | 25.4        | 109.2 | 27.7-28.2 | 10.7-11.2  |



## KIDS

### KIDS – JONGENS

| SIZE |       | WAIST     | HIPS      | HEIGHT      |
|------|-------|-----------|-----------|-------------|
| XXS  | 4/5   | 53.3-54.6 | 58.4-61.0 | 104.1-112.4 |
| XS   | 6/7   | 55.9-59.7 | 63.5-67.3 | 120.7-125.7 |
| S    | 20.3  | 62.2      | 70.5      | 132.1       |
| M    | 10/12 | 64.8-67.3 | 73.7-77.5 | 141.0-148.6 |
| L    | 14/16 | 71.1-74.9 | 81.3-85.1 | 156.2-162.6 |
| XL   | 45.7  | 78.7      | 88.9      | 168.9       |

### KIDS – MEISJES

| SIZE |       | WAIST     | HIPS      | HEIGHT      |
|------|-------|-----------|-----------|-------------|
| XXS  | 4/5   | 53.3-54.6 | 58.4-61.0 | 104.1-112.4 |
| XS   | 6/7   | 55.9-59.7 | 63.5-69.8 | 120.7-128.3 |
| S    | 20.3  | 61.6      | 72.4      | 133.3       |
| M    | 10/12 | 63.5-66.0 | 76.2-81.3 | 139.7-147.3 |
| L    | 14/16 | 71.1-76.2 | 86.4-91.4 | 154.9-158.8 |
| XL   | 45.7  | 81.3      | 96.5      | 158.8       |

PEUTERS

| SIZE | WAIST | HIPS | WEIGHT (LBS) | HEIGHT |
|------|-------|------|--------------|--------|
| 2T   | 52.1  | 52.1 | 76.2         | 88.9   |
| 3T   | 52.1  | 55.9 | 83.8         | 96.5   |
| 4T   | 53.3  | 58.4 | 96.5         | 104.1  |

BABY’S

| SIZE   | WAIST | HIPS | WEIGHT (LBS) | HEIGHT |
|--------|-------|------|--------------|--------|
| 0-3M   | 43.2  | 43.2 | 35.6         | 57.1   |
| 3-6M   | 45.7  | 45.7 | 45.7         | 64.8   |
| 6-12M  | 48.3  | 48.3 | 50.8         | 73.7   |
| 12-18M | 50.2  | 50.2 | 71.1         | 81.3   |
| 18-24M | 52.1  | 52.7 | 76.2         | 88.9   |

